

DOCK LINES



CALIFORNIA YACHT MARINA
CABRILLO MARINA

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A Note From The Helm

It's officially summer! The weather has been great and it looks like it will be another great Summer for boating & fishing with family and friends here at Cabrillo Marina.

We are looking forward to the Customer Appreciation BBQ on August 9th, at Noon, and the staff is already hard at work getting prepared. Hopefully you and your families are able to join the CYM Family for a great day of fun at the Marina. With plenty of food and drinks, live music, activities for the little ones and the raffle you won't want to miss out. You could be one of the lucky ones and win a free month's slip fees!

We also hope you get the chance to enjoy the 4th of July fireworks show right around the corner at Cabrillo Beach. Other fun family activities right here in San Pedro this summer include Navy Days LA, Tall Ships of Sail Festival and the Paper Yacht Challenge...there's more information on page 3 for these great events.

We will see you soon at the BBQ and please have a fun and safe 4th of July as well as the rest of your summer!

*Gerald Thomas, Kevin Ketchum
& Bill Thomas*

'TIS THE SEASON

Hey, it's summertime and boating season 2014 is here! At last we can go boating in decent weather, and work like crazy getting our boats in shape for the season. This month is a good time to reflect upon some "New Season's Resolutions" we all might make to ensure we'll have a safe season of fun on the water. Here are some of our suggestions to this end:

1. Have current charts on hand for all waters in which you operate your boat, and use them.
2. Check your flares' expiration dates and your fire extinguishers' inspection dates to be sure they're still legal. If not, replace.
3. When you do your summer cleaning, don't forget the bilges!
4. Are your lines in good shape for the season? Why not have nice ones all year. The well-equipped boat has six lines: two stern lines each about 1/4-1/3 a boat length; two bow lines each 2/3rds as long as the boat; and two spring lines 2/3rds as long as the boat. The bow and stern lines are heavier than the spring lines. Braided lines are much easier to use.
5. Don't neglect the zincs, including your engine zincs. Service them all.
6. Check your fuel lines and propane connections. If you have hydraulic steering, check all its connections and cylinders. Repair any leaks at once. (cont. page 2)

DOCK LINES

Note from Adam



Now that the boating season is upon us, it's not unusual to hear some old-timers, and some new boaters too; complaining about mariners who are uncaring, sloppy, or even reckless.

These targets of wrath are the ones who can spoil a trip in just a minute or two:

- The boater who speeds past you in your slip just as you're pouring the hot soup;
- The boater who comes terrifyingly close when passing in a narrow channel, then yaws you around with his wake;
- The boater whose engines or generator disturb your otherwise peaceful anchorage, early in the morning or late at night.

Of course, this is but a partial list of offenders. We could add the guy or gal who lets his or her dog dirty every dock it seems to walk upon.

All of these things are incorrect, impolite, or even illegal. Yet each would not occur if only the offending boater would just follow the "Golden Rule".

But enough negative emphasis! Accentuate the positive by being nice! After all, we're all boating to have fun and get relaxation.

We're doing our part in being ready for the boating season by getting our docks and support facilities ready for your enjoyment. We continue to take pride in providing top notch service and our objective of providing marina customers with quality berthing facilities.

I wish you all calm seas, straight wakes and a little wind for our sailor friends.

Sincerely,

Adam

(continued from page 1)

7. Check the rudder and shaft stuffing boxes. Repair if needed. Lubricate all control cables and pulleys, and be sure all operate smoothly.

8. Make sure everything electric and electronic works. Blow your horn. Check your radio. Turn on and check all lights, including instrument lights and interior lights.

9. Is everything secure? Check to be sure all fittings, especially deck fittings, are tight. Be sure permanently stowed items are secure. (Now would be a good time to improve your storage systems with tote boxes or crates. Offload all those unique items you've been carrying around!) Sailors, be sure the rigging is good, especially at wear points like clevises, turnbuckles, and cable joints.

10. Finally, get a free U.S. Coast Guard Auxiliary Courtesy Examination of your boat. If anything is out of compliance, fix it.

Have a great 2014 season: We'll look forward to seeing you on the water!



Upcoming Events

07.04.14 --- 9PM
4TH OF JULY FIREWORKS SHOW

08.05.14 - 08.11.14
NAVY DAYS LOS ANGELES

08.09.14 --- NOON - 3PM
CUSTOMER APPRECIATION BBQ

08.20.14 - 08.24.14
TALL SHIPS OF SAIL FESTIVAL

09.10.14 --- 4-7PM
PAPER YACHT CHALLENGE



DOCK LINES

BOATING WITH PETS

discoverboating.com



If you enjoy boating, you probably enjoy taking your best friends out on your boat, especially if some of your best friends happen to have four legs and a tail. The following tips can help you keep your pet safe and happy while out on the water:

- Keep plenty of fresh drinking water available.
- Provide a shaded area—excessive exposure to the sun can cause problems for animals.
- Protect their feet—dogs absorb heat through the pads on their feet and boat surfaces can get very hot in the sun.
- Give your pet a chance to get acquainted with the boat while it is on the trailer or at the dock.
- Walk your dog so he can relieve himself before boarding; if the boat surface allows, you may wish to train him to go in a specific spot
- Keep your first outing short, to let your dog get used to the boat movement.

Dog life jackets

The truth is not all dogs can swim and those that can aren't all great swimmers. Additionally, water or weather conditions can cause problems, even for a pet that is typically a strong swimmer.

Any dog can get fatigued or disoriented and older dogs, especially, can tire easily. Pets with low body fat can have trouble when exposed to water for long periods. Health issues, such as hip or joint problems, can also make swimming difficult for some pets. (cont. page 4)

IT'S HAPPENING IN SAN PEDRO!

AUGUST 5-11 NAVY DAYS LA

GET AN INTIMATE LOOK AT THE LIVES OF OUR NATION'S SAILORS ABOARD AN ACTIVE U.S. NAVY VESSEL. TOUR THE SHIP AND MEET THE CREW DURING THEIR WEEK IN PORT IN CELEBRATION OF NAVY DAYS LA. SHIP NAME WILL BE ANNOUNCED CLOSER TO THE EVENT DATE. VISITING SHIPS IN THE PAST INCLUDE THE USS WAYNE E. MEYER, USS ABRAHAM LINCOLN, AND USS GARY.

AUGUST 20-24 TALL SHIPS FESTIVAL LA 2014

THE MAJESTIC TALL SHIPS RETURN TO THE PORT OF LOS ANGELES AT 10 A.M. ON WEDNESDAY, AUGUST 20 WITH A GRAND PARADE OF SAIL INTO PORT TO KICK OFF TALL SHIPS® FESTIVAL LA 2014. MORE THAN A DOZEN SHIPS WILL BE PARTICIPATING, AND THE PUBLIC WILL BE ABLE TO BOARD THESE VESSELS WITH TOURS. ACTIVITIES INCLUDE DOCKSIDE DEMONSTRATIONS, MARITIME THEMED ENTERTAINMENT, INTERNATIONAL AND ART MARKETS, AND AN EDUCATIONAL AREA FOR YOUNG AND OLD ALIKE. FOOD WILL BE AVAILABLE FOR PURCHASE AND A WIDE VARIETY OF SPECIALTY RESTAURANTS IN SAN PEDRO ARE WITHIN WALKING DISTANCE FROM THE EVENT. FOR UP-TO-DATE INFORMATION AND TICKET SALES, VISIT TALLSHIPSFESTIVALLA.COM OR EMAIL TALLSHIPSFESTIVAL@PORTLA.ORG

WEDNESDAY, SEPTEMBER 10 PAPER YACHT CHALLENGE 4-7 P.M.

TEST COMPETITORS OF ALL AGES ON THEIR BOAT BUILDING SKILLS. CONTESTANTS WILL RACE THEIR PAPER BOAT CREATIONS TO THE FINISH LINE AT THE FANFARE FOUNTAINS AT GATEWAY PLAZA, VYING FOR THE WIN WHILE COMPETING AGAINST OTHER PAPER BOAT BUILDERS. PROCEEDS FROM THE EVENT WILL GO TO SUPPORT LOCAL NONPROFIT ORGANIZATIONS. REGISTER AT PORTOFLOSANGELES.ORG.

Clean Marina



STORM DRAINS FEED DIRECTLY INTO LOS ANGELES HARBOR.

THEREFORE TRASH, DEBRIS, VEHICLE LEAKS, AND WASTEWATER ARE ALL POLLUTANTS OF CONCERN. HERE AT THE MARINA WE TRY TO KEEP ALL OUTDOOR IMPERVIOUS SURFACES (PARKING LOTS, SIDEWALKS, DUMPSTER AREAS) FREE OF CONTAMINANTS THAT CAN ACCUMULATE (SUCH AS TRASH OR OIL LEAKS FROM A VEHICLE). THAT IS ALSO WHY WE DON'T ALLOW MARINA CUSTOMERS TO WASH VEHICLES IN THE PARKING LOT. LET'S ALL DO OUR PART TO HELP KEEP THE BAY CLEAN.

IT'S TIME TO BBQ!!!

DON'T FORGET TO JOIN US
FOR OUR ANNUAL
CUSTOMER APPRECIATION BBQ ON
AUGUST 9TH @ NOON.



See you all there!

DOCK LINES

While there are no regulations regarding life jackets for pets, a dog life jacket can help keep your pet safe while aboard your boat or around any body of water.



Pet life jackets are designed to keep the animal afloat in a horizontal, swimming position. The pet life jacket also serves as a retrieval device, should your pet fall overboard.

How do you choose a life jacket for Fido? Here are a few things to consider:

- Fit—Make sure the life jacket fits securely. It's best to check the fit in the store, before you buy.
- Lifting handles—to make retrieving your pet safer and easier.
- Comfort—check to see where straps and buckles fall to make sure they won't cause your pet any discomfort.
- Color—choose a bright color to make it easier to spot your dog in the water.

Give your pet a chance to get used to wearing its life jacket before actually getting on a boat. Allow your pet to practice swimming while wearing its life jacket, too.

If you find your pet enjoys boating as much as you do, a dog life jacket can provide your pet with an extra measure of safety. However, your sense of caution and common sense are still your pet's best friend.

REV UP YOUR ENERGY

THE ONLY TIME TO REALLY PROMOTE LONG DURATION LOW INTENSITY CARDIO, SUCH AS RIDING THE BIKE FOR AN HOUR AT A STEADY RATE, IS TO DO SO ON AN EMPTY STOMACH EARLY IN THE MORNING. TO SHED SOME QUICK POUNDS, DRINK A GLASS OF WATER AFTER YOU WAKE UP, SIP SOME BLACK COFFEE OR GREEN TEA AND KEEP YOUR HEART RATE ELEVATED AT A MODERATE RATE FOR 45-60 MINUTES.

REFERRAL AWARD PROGRAM

A limited number of 30' to 40' boat slips are available at Cabrillo Marina. Your Friends will surely enjoy our close proximity to Long Beach, Catalina Island and fast access to the ocean. You will appreciate the \$ in your pocket!

For information, visit the Marina Office or call:

310.732.2252

GET
YOURS!



ALL DINGHIES THAT ARE STOWED ON THE DINGHY RACKS NEED BE REGISTERED WITH THE OFFICE AND MUST DISPLAY A CYM-CABRILLO MARINA STICKER. SO, PLEASE IF YOU HAVEN'T DONE IT STOP BY THE OFFICE AND GET YOURS!

Thanks!

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